



Post Operative Fistula-in-Ano (Laid open/packed)

Name.....

Date of operation.....

You have had an operation for a fistula in ano. The fistula (tunnel between the rectum and the skin) has been laid open. A small pack has been placed in the wound – please leave this in place for 48 hours after the operation. You may then have a bath or shower and remove the pack. You should then commence “finger treatment”. Whilst in the shower / bath, gently rub the raw open wound with your finger. This helps to dislodge any debris and prevents premature closure of the skin before the base of the wound has healed. Although this may be uncomfortable for the first few times, it will get easier and help the wound to heal far quicker. A small dressing may then be placed over the wound to protect your clothing.

You have been given an antibiotic (metronidazole) for 5 days. You should not drink alcohol during this time.

An appointment will be made for you to be seen in Out patients in 6 - 8 weeks.

If at any point you become worried, please telephone my secretary on 0161 447 6761.

Mrs C Craig

Consultant Colorectal Surgeon

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